

View report on "Aam" Kisan



सही तरिके से रोपाई - 3



सही तरिके से रोपाई - 1



पौधों के बीच खेती - कोबी



पौधों के बीच खेती - कोबी



पौधो के बीच खेती – अदरक



पौधो के बीच खेती – अदरक



समय समय पर कोड़ाई एवं गोबर/वर्मि एवं खाद का प्रयोग



स्टेकिंग एवं जल प्रवर्धन





आम पौधा में फल - 3



फले तौराई के लिए तैयार

फलो का तौराई - 1



बाजार में सप्लाई के लिए केट में तैयार फल - 1B



vke D;ksa djs %

- ☞ gj o'kZ@gj nks o'k Z e sa Qy nsrk gS] cktkj e sa fMek.M cgqr vf/kdA
- ☞ 50 o'kksZ rd Qy ns ldrk gS & 50 o'kks Z rd vkenkuh nsxhA
- ☞ vke o`{kkjksiu d s fy, Hkqfe dh miyC/krk & 60% Hk qfe mPpHkqfe gSaA
- ☞ okrkoi.k ,o a ekSle vuqdwya
- ☞ vPNh] LFkkuh; ifjfLFkfr ds vuqd wy ,o a T;knk mit nsusokyk izHksn ¼t Sl s vke zikyh] efYydk vkfn½ miyC/k g SaA Hkwfe dk pquko % /;ku nsus ;ksX; ckrS &

ugh	gkW
<div><div><div><div><div></div></div><div><div></div></div></div><div><div><div></div></div><div><div></div></div></div><div><div><div></div></div><div><div></div></div></div><div><div><div></div></div><div><div></div></div></div></div><div>fcuk flpkWb Z lqfo/kk okyk Hkqfe</div><div>vf/kd iRFkfjyh Hk qfe</div><div>fookn py jgk Hkqfe</div><div>?kj ls dkfQ ngj</div><div>Hkqfe ftle sa cjlr d s ekSle e sa ikuh tek gks vkSj fudklh djs e sa cgqr fnDdr gks</div><div>5 lnL; okyk ifjokj d s fy, 1 ,dM+ ¼1 ch?kk½ ls T;knk Hkqfe e s ugh djuk g Sa</div></div>	<div><div><div><div></div></div><div><div></div></div></div><div><div><div></div></div><div><div></div></div></div></div> <div>vPNk ns[kjs[k ,o a vkenkuh d s gsrq ,d ifjokj d s fy, de ls de 40 o`{k ;k 0-5 ,dM+ ¼1-5 ch?kk½ Hkqfe t#jh gSa</div> <div>tyk”k;] unh@ukyk ;k flpkWb Z d qvk d s fudV gh djs rkfd mfpr ek=k e s iVou gks ik,aA</div>

izHksn dh pquko %

- ☞ fdldku d s {kerk] bZPNk] lqfo/kk ,o a ekSle] cktkj e sa fMek.M vkfn ns[krs gq,a ¼1½ vke zikfy ¼2½ efYydk] ¼3½ rkSrkiqjh vkfn izHksn s dh pquko fd;k tk ldrk gSaA

xCcq [kksnkb Z %

- ☞ nksuks fn"kk ls 20 QhV x 20 QhV dh ngjh e s 3 QhV x 3 QhV x 3 QhV dh xCcq [kksfn, aA

- ☞ cM+s vkdkj d s iRFkjksa dks NkVW dj vyx jf[k,aA
- ☞ [kksnk x;k feÍh nks Hkkx e s j[kS & xCcq HkjkbZ d s le; mij Hkkx dk mcZjk feÍh fups Hkjs vkSj fups dh feÍh mijA
- ☞ xCcq [kk snkbZ d s ckn de ls de 20 fnu /kqi e sa lq[kus ns rkfd gkfudkj dhV@dhVkuq u'V gks tk,aA

?ksjko %

- ☞ cSy] cdjh vkfn ls ikS/kks dh lqj{kk d s fy, etcqr ls etcqr ?ksjk djsA
- ☞ ft ank jgus okyk ?k sjk t SlS iqVwl] cc qy vkfn ls fHk ?ksjk djsA
- ☞ ?ksjs d s lkFk lkFk e qY;oku ydM+h t SlS xEgkj] f"ke vkfn jksikbZ djsA

xCcq Hkjkb Z %

- ☞ 20 ls 30 fnu ckn xCcq HkjsA cjlr "kq# gk sus ls igys gh xCcq HkjkbZ dk;Z iq.kZ gks tkuk pkfg,aA ☞ HkjkbZ d s le; mij Hkkx dk mcZjk feÍh fups Hkjs vkSj fups dh feÍh mij djsA ☞ HkjkbZ d s le; fuEufyf[kr lkexzh iz;ksx djs %&



- 15 fdyks ofe ZdEiksLV ¼mijh Hkkx e sa Hkjk x;k feÍh d s lkFk feyk,a½A
- 1 fdyks vkbZy d sd (Oil Cake)
- 1 fdyks cksu ehy ;k 4 fdyks jkWd QkIQsV
- 2 fdyks pquk ;k Mk syksekbZV
- HkjbZ ls Bhd igys ckbZ¶ysDI (Biflex TC) uked fned&uk”kd nok 3 fe-yh-izfr 5 fyVj ikuh
- e s /kksydj xCcQ d s fHkrjh fnokyks ij vPNhrjg iz;ksx djsA
- ☞ xCcQ HkjbZ d s i”pkr feÍh mpkW djd s j[ks rkfd cjlr dk ikuh tek u gks ik,aA



ik S/kk <qykbZ ,o a jksikb Z %

- ☞ ikS/kks dh <qykbZ d s }kSjku lkc/kkuh cjrS rkdh ikS/kks dh {kfr uk gk sA vuqHkoh@izf”kf{kr O;fDr dks gh ik S/kk <qykbZ dk ftEek nsA ☞ ikS/kks dks ykdj o`{kkjksiu {ks= d s fudV lqjf{kr j[ksA QqQqaMuk”kd t Sls Cyq dkiWj@lkQ 2 xzk-@fyVj ikuh dh nj ls ik S/kks dh tM+ks e sa iz;ksx djsA
- ☞ ulZjh ls ykdj 3&4 fnu d s v anj jksikbZ iq.kZ djsA
- ☞ jksikbZ d s }kSjku ik S/kk s dh tM+ks e sa ¼feÍh d s fV; qc e s½ ,oa xCcQ dh feÍh e sa ckbZ¶ysDI (Biflex TC) nok 3 fe-yh- izfr 5 fyVj ikuh e s /kk sydj iz;ksx djsA

baVjd zkfiAx ;kfu ik S/kks d s chp [ksrh&ckjh %

- ☞ vke o`{kks d s chp fcuk lkx lCth Qly yxk, vke ikS/kks dh ns[kjs[k ,o a lqj{kk izk; vlaHko gSaA ;Fkk lCth Qlys t Sls fepZ] VekVj] cjcÍh] cSxu] vkyq] vnjd] vkSy] dlq] djsyh] f[kjk bZR;kfn Qlyks dh [ksrh t#j ls t#j vkSj cjkj djsA
- ☞ lCth Qlyks dh [ksrh djus ls vke o`{kks dks fHk iVou gks tkrk g Sa ,oa ckxku l s vkenkfu fHk vf/kd gksrk gSaA

jk sikbZ d s ckn ns[kj s[k ¼igyk lky½ %

- ☞ cjlr d s efguks e s ¼vxLV] flrEcj ,o a vDVqcj½ &
- ikS/kks d s tM+ks d s pkjks vksj [kjiVokj gV,a ,o a 75 xzke ,u-ih-d s [kkn (NPK – 10:26:26) iz;ksx djsA bZu rhu efguks d s v arjky ij ,Slk nks ckj djsA
- csflu {ks= ¼tM+ ds pkjks vksj 3&4 QhV O;kl dk {ks=½ e s gj efguk ,d ckj djd s ckbZ¶ysDI (Biflex TC) uked fned&uk”kd nok 3 fe-yh- izfr 5 fyVj ikuh d s nj l s iz;ksx djsA
- ruk ,o a iRrks e s QqQqaMuk”kd t Sls Cyq dkiWj 2 xzk-@fyVj ikuh dh nj ls iz;ksx djsA
- ikS/kks e sa ,p&LVksfd ax (H – Staking) djsA
- ☞ tkjk ds efguk s e s ¼uoEcj ls tuojh½ &
- csflu {ks= e s gj efguk ,d ckj djds ckbZ¶ysDI (Biflex TC) uked fned&uk”kd nok 3 fe-yh- izfr 5 fyVj ikuh nj l s iz;ksx djsA
- flpkWb Z d s ckn ueh cuk, j[kus d s fy,a /kklW@iRrks ls csflu {ks= dks <d ns ¼efYPkax½A
- tuojh efguk ls lklrkfgd v arjky ij flpkWb Z lqfu”pr djsA
- Cyq dkiWj QqQqaMuk”kd ls ruk ij ,d ysi iz;ksx djsA
- feyh cx ls cpko g srq lsfHku 2-5 xzk@fyVj ikuh e sa iz;ksx djsA
- feyh cx ls ladzfer rukvksa dks dkVdj tyk nsA
- lfHk ,p&LVksfd ax (H – Staking) ejEer djsA
- ☞ xjeh d s efguks e s ¼ekpZ ls t qu½ &



- lklrkfgd nks ckj flpkWb Z l qfuf"pr djsA
- ekpZ ,o a t qu efgus e sa ,d ,d ckj djs dksM+kbZ djs ,oa efYpax djuk tkjh j[ksA
- chp chp e sa fned&uk"kd nok ckbZ¶ysDI 3 fe-yh- izfr 5 fyVj ikuh nj ls iz;ksx djsA
- e atj vkus ls Qqyks dksa fudky QSD nsA rhlik lky ls gh Qy ysuk pkfg, tc ikS/kks dh o`f} vPNhrjg gks tk,aA ○ xjek ICth Qlys t#j yxk,aA

jk sikbZ d s ckn ns[k s[k ¼2 ls 4 lky rd½ %

☞ cjlkr d s efguks e s ¼t qykbZ ls vDV qcj½ &

- ikS/kks d s tM+ks d s pkjks vksj nks ckj [kjiVokj gVka ,o a igyk ckj 100 xzke vkSj nqljk ckj 50 xzke izfr ikS/kk dh nj ls ,u-ih-d s [kkn (NPK – 10:26:26) iz;ksx djsA nqljk ckj dksM+kbZ e sa yxs [kkn dh ek=k rhlik lky nqxuk ¼100 xzke½ djs ,oa NksFkk lky frxquk ¼150 xzke½ djsA
- csflu {ks= ¼tM+ d s pkjks vksj 3&4 QhV O;kl dk {ks=½ e s gj efguk ,d ckj dj d s ckbZ¶ysDI (Biflex TC) uked fned&uk"kd nok 3 fe-yh- izfr 5 fyVj ikuh nj l s iz;ksx djsA
- ruk ,o a iRrks e s QqQqaMuk"kd t Sls Cyq dkiWj 2 xzk-@fyVj ikuh dh nj ls gj efguk ,d ckj djs iz;ksx djsA ○ "kwV xky lk;yk (Shoot Gall Psylla) ls jk sdFkke gsrw fjt saV uked nok 2 fe-fy-@fyVj ikuh d s nj ls iz;ksx djsA ○ t qykbZ efgus e s izwfuax & Hk qfe Lrj ls de ls de 3 QhV ds lfHk rukvksa dks j[ks vkSj lcls mij ds ruk dkV nsA ;g dk;Z izf"k{k.k ysdj gh djsA

☞ tkjk ds efguk s e s ¼uoEcj ls Qjoh½ &

- csflu {ks= e s gj efguk ,d ckj djs ckbZ¶ysDI (Biflex TC) uked fned&uk"kd nok 3 fe-yh- izfr 5 fyVj ikuh nj l s iz;ksx djsA ○ flpkWb Z d s ckn ueh cuk, j[kus d s fy,a /kkIW@iRrks ls csflu {ks= dks <d ns ¼efYPkax½A
- tuojh efguk ls lklrkfgd v arjky ij flpkWb Z lqfuf"pr djsA
- Cyq dkiWj QqQqaMuk"kd ls ruk ij ,d ysi iz;ksx djsA
- feyh cx ls cpko g srq lsfHku 2-5 xzk@fyVj ikuh e sa iz;ksx djsA
- feyh cx ls ladzfer rukvksa dks dkVdj tyk nsA
- lfHk ,p&LVksfd ax (H – Staking) ejEer djsA

☞ xjeh d s efguks e s ¼ekpZ ls t qu½ &

- lklrkfgd nks ckj flpkWb Z l qfuf"pr djsA
- ekpZ ,o a t qu efgus e sa ,d ,d ckj dj dksM+kbZ ,o a djs ,o a efYpax djuk tkjh j[ksA ekpZ d s dksM+kbZ e sa 60 xzke d s nj ls ;qfj;k iz;ksx djsA ;g ek=k rhlik lky nqxuk ¼120 xzke½ djs ,o a NksFkk lky frxquk ¼180 xzke½ dj xksdj@ofe Z [kkn d s lkFk iz;ksx djsA ○ chp chp e sa fned&uk"kd nok ckbZ¶ysDI 3 fe-yh- izfr 5 fyVj ikuh nj ls iz;ksx djsA
- e atj vkus ls Qqyks dksa fudky QSD nsA rhlik lky ls gh Qy ysuk pkfg, tc ikS/kks dh o`f} vPNhrjg gks tk,aA ○ xjek ICth Qlys t#j yxk,aA

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